

Appendix 'E' Emergency Action Plans

EMERGENCY SIGNAL IS REPEATED BLASTS ON THE WHISTLE

Major Emergency Action Plan	
<i>Life threatening, beyond the capacity of Training Lead/Cox to deal with and/or requiring outside help.</i>	<ul style="list-style-type: none"> • Contact emergency services - Either dial 999 or contact Dover coastguard via channel 16.
	<ul style="list-style-type: none"> • Safeguard the Group – Get to shore if possible. Delegate the supervision of the rest of the group to an assistant or competent group member.
<i>Examples of major emergencies (not exhaustive list): Apparent drowning, serious injury ashore or afloat, medical emergency (eg. heart attack, stroke)</i>	<ul style="list-style-type: none"> • Safeguard the Casualty - Reach the casualty and safeguard from further danger.
	<ul style="list-style-type: none"> • Examine the Casualty - If there is more than one casualty first swiftly assess priorities and mobility of all casualties.
	<ul style="list-style-type: none"> • Give Emergency Aid - Consider delegating emergency aid to a qualified assistant if available.
	<ul style="list-style-type: none"> • Transfer the Casualty into Medical Care - If applicable, arrange for the casualty to be accompanied to hospital. Ensure that any relevant personal medical details are sent with the casualty.
	<ul style="list-style-type: none"> • Alert an Emergency Contact - The Emergency Contact will provide support if requested and must be contacted if injuries are life-threatening or media coverage is likely.
	<ul style="list-style-type: none"> • Complete incident form and BR incident form online

Minor Emergency Action Plan	
<i>Not life threatening, usually within the capacity of Training Lead/Cox to deal with.</i>	<ul style="list-style-type: none"> • Training lead/cox made aware on incident
	<ul style="list-style-type: none"> • Training lead ensures casualty is taken ashore or kept safely in boat as appropriate.
<i>Examples of minor emergencies (not an exhaustive list): Minor injuries such as small cuts and bruises, coldness</i>	<ul style="list-style-type: none"> • Administer first aid if necessary
	<ul style="list-style-type: none"> • Inform others that casualty is on the way if appropriate
	<ul style="list-style-type: none"> • Refer casualty as appropriate
	<ul style="list-style-type: none"> • Complete incident form and BR incident form online